



The simple tool we're going to use is a metal can. And some pennies.

Anything that can make loud noises to startle your dog will

do.

What we want to do is shift your dog's attention by interrupting his barking process.

Whenever he barks, give the metal can filled with some pennies a quick shake.

Make sure you shake it hard enough to shock your dog into stopping.





As soon as he stops barking, say "Quiet!".

Then, reward him.

This can be in the form of treats, verbal praise, petting or anything that will make your dog happy.

Rewards are important to let your dog understand that what he did just now was correct.

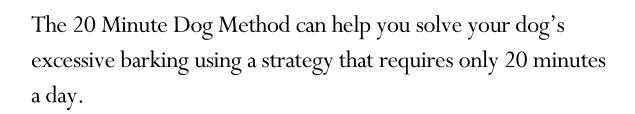
This way, you are anchoring the command "Quiet!" to the action of him stopping his barks.

Repeat this process a few times until you are sure that the command has been anchored.

After that, you won't have to use the metal can anymore. The

"Quiet!" command will do its trick.

What I just taught you is a great way to control your dog's barking. However, if your dog has an excessive barking problem, you need to dig deep into why he barks excessively.



Apart from that, if your dog has other behavior problems such as:

- jumping on people
- likes to dig
- pulls on lead

The 20 Minute Dog Method will be able to solve it too. Come on over and check out how it can help you.

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