

This Report Brought To You By:

Graeme Eastman

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1. INTRODUCTION

The game of golf is a game which many Americans have grown to know and love. A very relaxing sport, golf is actually a game with Scottish origins. However, it made it to the other side of the ocean and now its one of the most popular games in the United States.

The basic rule of this sport is that the player, who is using a few types of Golf clubs, hits a ball and tries to introduce it into a hole with the least possible number of strokes. There are several holes on a golf course and this is one of the few sports that doesn't actually use a rigid playing area. Each golf course is different from the other. A typical golf course has its own unique design and a number of 9-18 holes.

The first recorded game of Golf was actually played in Scotland, at Edinburgh, in 1456. Nowadays, the sport is very popular throughout the world and the vast majority of countries have Golf courses.

There are basically two ways in which the game can be played. The first one is called stroke play. In stroke play, the winner is declared the player who managed to introduce the ball with the lowest number of strokes. The second one is called match play and the winner is the player (or team) who managed to collect the biggest number of lowest scores over different holes in a complete round of play.

Since this sport has spread throughout the world, there are many people who play it, from simple amateurs to true professionals, the likes of Tiger Woods and Jack Nicklaus. Realizing the potential of the competition, sponsors have sprung in this sport too. For instance, Tiger Woods managed to amass a fortune from this sport, but a big part of it is from his sponsors. The majority of players actually earn more from their sponsors rather than from the sport itself.

RECOMMENDED PRODUCTS:

[Golf Swing Guru](#)

If you are looking for a way to lengthen your drive and cut your handicap, then this product is the perfect one for you. It will teach you how to unlock your own potential for a perfect game of golf.

[Ultimate Golf Fitness Guide](#)

Dramatically improve your golf swing with this amazing course. Your buddies will be impressed by your newly gained abilities that you developed after reading this ebook.

2. THE RULES OF THE GAME

Since this sport is one of the most popular recreation methods, people love golf for the outdoors, the competition, and the game conversation. Whatever your reasons for beginning the art and sport of golf, you'll need to understand the basic rules of the game. Below, you'll find the most important general rules to employ while starting out on the green.

1. In a standard game of golf, the holes on the course must be played in order-from 1-9 or 1-18-and no exception will be made, unless stated beforehand.

2. A Match Play round of golf means that each hole is a separate game. If you get the first hole you are "one up", and conversely, if you miss the first hole, you are "one down", and so on. In this type of play, you win the game when you are more holes in

then there are left to play.

3. A Stroke Play round of golf means you must sink your ball into every hole before continuing to the next hole. Whoever has the least amount of strokes for the entire round, wins the game.

4. The maximum amount of clubs that you can carry according to official tournament rules is 14. You may not change the golf balls while in play unless you both agree that it is badly damaged and should be switched out.

5. Always obey rules given by tournament officials and/or golf course administration.

6. Know your starting time and be there on time.

7. Know which ball is yours; most golfers will mark their own ball to be able to differentiate.

8. Do not delay play or impede your opponents' play.

9. During a match, you are not allowed to ask anyone advice on how to play, nor allowed to give it.

10. You are not allowed to put anything on the green that would mark direction or help you gauge where your ball is.

11. The player who has the lowest score on a stroke play, is allowed to go first on the next hole.

12. In match play, if you play out of turn you may given the penalty of doing it over.

13. You must play your ball from where it is, and cannot move it.

14. If you need to pick up your ball to show location in a hazard, you may do so after alerting your opponent of your intention to do so.

15. You may not scoop the ball with your club if it is in an awkward position; you must only graze the ground as if in normal play.

16. You may not improve your swing by moving or breaking anything in your way, as

in a hazard there may be weeds, brush, etc.

17. You are not allowed at any time to touch the water, sand, or ground before striking the ball in a hazard (or bunker) area.

18. You must not play someone else's ball. The penalty is losing the right to play that hole or in stroke play, you incur two strokes to your overall score.

19. 10 seconds of waiting time is allowed when your ball is hanging on the edge of the hole. If it falls in after, add one penalty stroke to your overall score.

20. If your ball moves due to wind or water, you must play it out as is.

21. If a ball is lost or out of bounds, you replace with a new ball and play out from your last play location. Add one penalty stroke to your overall score.

RECOMMENDED PRODUCTS:

[Amazing Golf mind](#)

Learn the best kept secret in the game of golf that the pros use in order to hit those amazing strikes. Learn everything in less than 30 minutes.

[Golf Swing Eureka](#)

This product claims that there are no secrets, just facts which are less known. Find out how a 37 year old stumbled onto such an amazing fact that drastically improved his golf game.

3. GOLF ETIQUETTE FOR THE BEGINNER

As you venture out to the local golf course for the first time there are a few things you should know that will make your first experience a great one.

The Tee Time is when your first stroke or drive is made from the Tee Box, so make sure you phone ahead to reserve your tee time and get to the golf course a good half

hour early. Reserving the tee time a day ahead or even a few days ahead will assure you of getting the time you want, it all depends on which day and what time you choose.

If a tee time is missed, your group might have to wait around for another opening, which can take hours on a busy day. Tee times are not always required but having one is a good idea. Getting to the course early is an advantage for you; spend the time wisely by hitting a few balls on the driving range and putting on the practice putting green.

Know the Dress Code

Many golf courses have dress codes so you should inquire at the club house and dress appropriately. A pair of dress shorts or slacks and a collared golf shirt will almost always meet the requirements, but it is a good idea to check ahead of time. Golf shoes are usually not required depending on how private and upscale the golf course is. Golf gloves are up to the golfer, both golf shoes and gloves are an advantage to any golfer no matter how much experience they have.

Is Tipping required?

If you are just starting out you will most likely be playing at a municipal golf course where tipping is almost never an issue. If playing a private, semiprivate or upscale public course, you may have to tip the cart jockeys who carry your equipment for you to your vehicle or to your cart. You may also have to tip the beverage cart driver who brings you that cold beer or ice water, the tip amount depends on you or how classy the course is relative to the green fees.

Equipment Rules and Etiquette

There are some rules regarding golf equipment, the most obvious one is a limit of 14 clubs in each bag of each player. There is no minimum number of clubs which may lead a player to borrow a club, this is considered poor etiquette and golf rules dictate this unless there are acceptable circumstances. The best rule of thumb is when buying clubs get a complete set of 14 clubs, you will be very glad you did.

Your first time out you want to have lots of extra golf balls and tees, it is almost guaranteed you will be losing a lot of balls. Proper golf etiquette also includes repairing the course surface caused by you or any golfer for that matter. Ballmarks must be repaired using a ballmark repair tool and repairing the divot or chunk of sod you sliced out of the ground. Ballmark tools are small devices that can be found for a couple of bucks at most pro shops and are usually used on the greens.

So there you have it, some basic golf rules and etiquette you need to know before

venturing out to the local golf course. The rules are usually posted in and outside of the clubhouse and involve using some common sense, dress respectably and leave the course the way you found it.

The main rule is to have some fun!

RECOMMENDED PRODUCTS:

[Golf Beginner Guide](#)

This product is aimed at the golf beginners. If you are one of them, then you have absolutely nothing to lose using this product, on the contrary.

[The Pro's edge](#)

This ground breaking ebook has received a lot of acclaim. It will teach you exactly how the pros play the game in order to take their amazing shots.

4. CHOOSING THE RIGHT GOLF SHOES

As with most all other sports the right shoe that you wear affects the way you play the game. That is why you need the right shoe for the right sport that you are playing so that you don't hurt you feet or break any bones while playing. The sport that I am talking about happens to be golf and when you are golfing you know that the right shoe is everything. You do not want to over step or miss step when you are golfing so that is why it is important that you get golf shoes when you are going to be playing a game.

You need to think about how much that you really play the sport. If you only play a little bit then you are not going to need that good of a pair of golf shoes but on the other hand if you play the game of golf a good bit then you might want to consider getting a high dollar or good pair of golf shoes to golf with. The downside to not buying golf shoes is that you are not going to have the ability that you will when you wear golf shoes. You are not going to be able to stick to the green you are golfing from because you are going to be wearing some off the wall brand.

The main point that I am trying to get across here is that if you play the game of golf a good bit and you don't have a pair of golf shoes then you need to take the time and the money to go get yourself a pair of golfing shoes. The first time you put them on you will know why they are so important to the whole game of golf. They make your feet stick to the grass when you play so you don't lose your swing and you will not

over step or under step anymore when you are trying to get that perfect swing down.

If you do not have pair of golf shoes you should make sure that you contact the golf course that you plan to play on because now days it is mandatory that you own or wear a pair of golf shoes so that you do not mess up their golf course. So if you do not have a good pair of golf shoes then you need to take the time to go get a pair before you play on the green.

If you want to take your time while you look for your pair of golf shoes that is fine but you need to buy a pair quick so that you can go play. Remember that some golf courses require you to own a pair of golfing shoes because they want to protect their golf course so that means if you do not already have a pair just bring a pair that you can find or buy before you go.

RECOMMENDED PRODUCTS:

[Professional Golf Caddies Secrets Exposed](#)

Want to be a golf professional and earn lots of money? This is the product for you then!

[Golf Club Profits](#)

This product is for the Marketer in you. You can find out how you can make a substantial second income by promoting golf equipment and other products.

5. THE MOST IMPORTANT FACTOR OF THE GAME – YOUR SWING!

There are 6 basic steps in the golf swing that each golfer should be aware prior to each golf shot. Step number 1 is body alignment relative to the target. Start by standing 2 to 3 yards behind the golf ball, with your body and the ball forming a straight line to the target. Pick out a guiding target directly behind and directly in front of the golf ball that is in the line your body and the golf make toward the target. These targets could be anything on the ground inches in front and behind the golf ball like leaves, grass, a broken tee, whatever. Focus on these ground targets that fall on the line you picked out to the target as you approach the golf ball.

Align the club face behind the ball, with the center of the club face on a direct line between the two ground targets you have selected. Grip the club with just enough tension to keep it from slipping in your hands throughout the course of the golf swing.

Align your feet on a parallel plane with your ground targets, shoulder width apart, and the knees slightly bent. The front foot should be pointed slightly outward, toward the target, to allow your hips to flow freely through the swing.

Your upper body should tilt a bit toward the ball while keeping good posture. Your arms should hang loosely in front of your body to loosely grip the golf club. Your shoulders should line up parallel with the golf ball to target line and your toes. Your head should tilt down with your eyes on the back of the golf ball where you want the club head to impact it. This part of the golf swing is known as the setup or addressing the ball.

This element of the golf swing is the back swing or take away. Your back elbow should remain closely tucked to your ribs as you slowly take the golf club back. The golf club should remain on a straight line along the plane of your alignment toward the target on the ground. The front arm should remain straight throughout this part of the swing and always keep your eye on the back of the golf ball where you want the club face to impact the ball. This back swing motion should instinctively place your chin into your front shoulder. Your hips should stay still and tilted a bit, while your front knee will turn in. At the top of your back swing, your wrists should cock a little. This allows for a more powerful down swing and more distance on your golf shot.

Bring the club downward toward the ball, uncoiling the wrists, and shifting your weight onto your front foot. You should attempt to generate force and speed on your down swing, while never taking the club face off of the target line. Upon making contact with the ball, the club face should strike the ground as it moves through, taking a divot from the ground in the area past where the ball was lying, and through your second ground target.

The finish will generate a bit more distance if done properly. Follow through the golf swing with a high follow through of the golf club. Your rotation of the hips should have turned them directly toward your target. Since your weight will shift, it should now be squarely on your front leg. You should now be seeing your golf ball soaring toward your target in a nice arcing trajectory.

RECOMMENDED PRODUCTS:

[Breaking the Distance Barrier](#)

Simple physics applied into your golf swing, this is what the product is all about. You will get important notions that will dramatically increase your swing's quality.